Reading トレーニング Lesson 1

A New Hobby

分からない単語があっても、前後の内容を手がかりに読み進めてみましょう。

Reading

Last spring, Lisa started growing vegetables in her garden. She wanted to grow food that she could eat with her family.

At first, she did not know much about plants. Some of them died because she gave them too much water. Lisa was disappointed, but she did not give up. She read books and asked her grandfather, who had a small garden, for advice.

Her grandfather told her that plants needed different amounts of water. A few months later, Lisa had many fresh vegetables. She was happy because she had learned something new.

Questions

1. What did Lisa want to grow? _____

2. Why did some of her plants die? _____

3. Who did Lisa ask for advice? _____

4. What did Lisa learn from her grandfather? _____

Word Challenge

次の単語の意味を、前後の内容から推測してみましょう。

Word	Meaning / 日本語
disappointed	_____
advice	_____
amounts	_____

解説

Lesson 1：内容理解・語彙・文法ポイント

1. 内容理解の質問と解答例

Q1. What did Lisa want to grow?

解答例：She wanted to grow vegetables.

Q2. Why did some of her plants die?

解答例：Because she gave them too much water.

Q3. Who did Lisa ask for advice?

解答例：She asked her grandfather for advice.

Q4. What did Lisa learn from her grandfather?

解答例：She learned that plants needed different amounts of water.

2. 文法ポイント解説

① 関係代名詞 that

food that she could eat with her family

that 以下が food を説明しています。that は could eat の目的語にあたります。

② because 節（理由）

Some of them died because she gave them too much water.

because 以下が、植物が枯れた理由を説明しています。

③ 関係代名詞 who

her grandfather, who had a small garden,

who 以下が her grandfather について補足説明しています。カンマで挟まれた情報です。

④ ask A for B

asked her grandfather … for advice

ask A for B で「A に B を求める」という表現です。

⑤ that 節

Her grandfather told her that plants needed different amounts of water.

that 以下が told の内容を表しています。

⑥ 不定詞（want to ～）

She wanted to grow food ...

want to＋動詞の原形で「～したい」。wanted to grow は「育てたいと思った」です。

⑦ because 節（理由）

She was happy because she had learned something new.

because 以下がうれしかった理由を表しています。

3. 語彙のヒント

Word	意味	文脈の手がかり
disappointed	がっかりした	植物が枯れてしまった後の Lisa の気持ちとして使われている。
advice	助言・アドバイス	祖父に尋ねたこと、祖父が植物について教えてくれたことから考える。
amounts	量	plants need different amounts of water という文脈から考える。

4. 読み方で確認したいこと

- 知らない単語が出たとき、すぐに止まらず前後を読み続けられたか。
- 分からない単語の意味を、前後の出来事や文の流れから推測してみたか。
- 一語一句を訳すことにこだわらず、文章全体の内容をつかもうとしたか。
- 読み終えた後、Lisa がどんな経験をしたのかを自分の言葉で説明できるか。